

2 Courses £13.95 3 Courses £16.95

Lunch Menu

Starters

- Smoked Haddock Gratin with Creamed Potatoes
Pear Poached in Grenadine with Prawns Marie Rose
Chefs Pate with Grape Chutney & Toast
Leek & Potato Gnocchi Topped with Goats Cheese, a White Wine Cream Sauce & Tomato Concasse
Melon Fan with Sorbet & Fruit Coulis
Spiced Chicken Salad with Caesar Dressing & Parmesan
(Starter or Main)
Mushrooms Baked in a Cream & Cheese Sauce with Toasted Ciabatta
Smoked Haddock & Salmon Chowder
Breaded Goats Cheese Served on a Sun Dried Tomato & Balsamic Salad
Wildings Meatloaf with a Spicy Salsa

Mains

- Blackened Salmon, Warm Potato Salad & a Pepper & Mustard Seed Dressing
Trio of Fish with a Tomato & Basil Vinaigrette
Chicken Breast Coated in Panko Crumb with a Lightly Spiced Sweet & Sour Sauce
Fillet of Pork Topped with Banana Finished with a Creamy Coconut & Mango Curry Sauce
Chicken 'Piri-Piri' Szechuan Peppers & Spices served with a Yoghurt & Spring Onion Mayonnaise
Lamb Fillet with a Cracked Black Pepper Cream & Brandy Sauce
Pan Fried Fillet of Hake with a Lobster Glaze
Supreme of Chicken 'Suedoise' White Wine, Swiss Cheese, Cream & Mushrooms
Spicy Chilli with Rice Topped with Onions & Cheese
(Starter or Main)
Haddock Tempura Served with Tartar Sauce & Lemon
Lamb's Liver, Onion Mash & a Red Wine Jus
Wildings Fish Linguine Pasta with Garlic Bread

**All Mains Served With a Selection of Vegetables,
Boiled Potatoes and French Fries
Any Extra Servings £1.50 each**

****All of the Above Dishes can be Made Gluten Free Upon Request****

PLEASE LET THE PERSON TAKING YOUR FOOD ORDER KNOW OF ANY ALLERGIES

THANK YOU